

2017 Hi Temp Raw Powerlifting Southeast Qualifier
Marriott Shoals Conference Center- Florence Alabama
May 8, 2017
Located in the Main Ballroom

Qualifier for the AAU World's September 22-24 at the Rio Hotel in Las Vegas.

Date: May 8 2017

Location: Marriott Shoals Hotel & Spa Conference Center Main Ballroom 10 Hightower Place Florence Alabama 35630



Testing: Any athlete entered may be subjected to drug testing per the AAU Policies and procedures.

Eligibility: Must be a current member of the AAU.

Divisions: **POWERLIFTING**

Youth (6-7,8-9,10-11,12-13) **Teen**(14-15,16-17,18-19)**Junior**(20-23) **Open, Sub-Masters**(35-39)**Masters** 40-44,45-49 etc. in 5 year, **Lifetime Masters**), **Law/Fire** (active, retired), **Military**(active, retired, reserves) ,

POWERLIFTING WEIGHT CLASSES IN POUNDS

Weight Classes: Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220, 242, 275,308, 308+
Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+

Weigh-ins: Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am through the day. You can weigh in at any time before your session.

Lifting Sched: **8:30 A.M ALL CLASSES**

Awards: Medals OR Plaques/Trophies First thru Third Best lifter awards in many divisions.
SOME BEST LIFTERS WILL RECEIVE BUMPER PLATE SETS and/or COMPETITION SETS

Fees: \$80 for first division entered. \$80 for 19 and under, first division entered \$40 crossover, for each additional class.

SINGLET REQUIRED FOR POWERLIFTING.

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG` ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS, ALL AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

No Refunds Make checks or money orders payable to:

Chuck Rumbley
820 Mississippi St.
Tuscumbia, AL 35674
Chuck@hitemp.net
256-810-9070

Hotel Info: Marriott Shoals Hotel & Spa
10 Hightower Place Florence Alabama 35630 256-246-3600
The event name is the Block code. Rooms are \$129.00

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

2017 Hi Temp Raw Powerlifting Southeast Qualifier

Name: _____ Phone: _____ A.A.U. # _____
Address _____ City _____ State _____ Zip _____
Weight Class _____ Age: _____ D.O.B. _____ Sex _____
E-Mail address _____

POWER LIFTERS

Put your weight class in the division you wish to compete.

Raw

Raw Open: _____: _____ Raw Teen: _____ Raw Youth: _____

RAW HIGH SCHOOL _____

Raw Junior _____ Raw Sub Master: _____ Raw Master: _____

Raw Lifetime _____ Raw Lifetime Masters _____

Raw Military/ Law/Fire/Military: _____ Disabled: _____ (specify, Dwarf, Blind, Wheel
Chair) High School _____

AAU Powerlifting Waiver and Consent

In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21

2017 Hi-Temp AAU National Weightlifting
Marriott Shoals Conference Center- Florence Alabama
May 8, 2017

Located in the Main Ballroom

Qualifier for the AAU World's September 22-24 at the Rio Hotel in Las Vegas.



Testing: Any athlete entered may be subjected to drug testing per the AAU Policies and procedures.
Eligibility: Must be a current member of the AAU.

Divisions:

Youth (6-7,8-9,10-11,12-13) **Teen**(14-15,16-17,18-19)**Junior**(20-23) **Open, Sub-Masters**(35-39)**Masters** 40-44,45-49 etc. in 5 year, **Lifetime Masters**), **Law/Fire** (active, retired), **Military**(active, retired, reserves) ,

Female Age Divisions to Weight Classes

(Female Weight Classes kg: 31, 35, 39, 44, 48, 53, 58, 63, 69, 75, 82, 82+)

Youth Ages 6-7, 8-9, 10-11: 31 – ALL WT CLASSES

Youth Ages 12-13: 35 – 63+kg **Teen Ages 14-15, 16-17:** 44 – ALL WT CLASSES

Teen Ages 18-19: 48 – 82+kg **Junior Ages 20-23:** 48 – 82+kg

Senior/Open Ages 24-34: 48 – 82+kg **Masters Ages 35-**

39,40-44,45-49,...*: 48 – 82+kg

* (and so on in 5-yr increments)

Male Age Divisions to Weight Classes

(Male Weight Classes kg: 31, 35, 39, 44, 50, 56, 62, 69, 77, 85, 94, 105, 114, 114+)

Youth Ages 6-7, 8-9, 10-11: 31 – ALL WT CLASSES

Youth Ages 12-13: 35 – 69+kg **Teen Ages 14-15, 16-17:** 50 – ALL WT CLASSES

Teen Ages 18-19: 56 – 114+kg **Junior Ages 20-23:** 56 – 114+kg

Senior/Open Ages 24-34: 56 – 114+ kg **Masters Ages 35-39,40-**

44,45-49,...*: 56 – 114+ kg

* (and so on in 5-yr increments)

Weigh-ins: Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am through the day. You can weigh in at any time before your session.

Lifting Sched: 8:30 A.M ALL CLASSES

Awards: Medals or Plaques/Trophies First thru Third Best lifter awards in many divisions.
SOME BEST LIFTERS WILL RECEIVE BUMPER PLATE SETS and/or COMPETITION SETS

Fees: \$80 for first division entered. \$80 for 19 and under, first division entered \$40 crossover, for each additional class.

All lifters must have a current AAU membership card \$24 adult \$14 youth

AAU CARDS: AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECK-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

Hotel Info: Marriott Shoals Hotel & Spa
10 Hightower Place Florence Alabama 35630 256-246-3600
The event name is the Block code. Rooms are \$129.00
No Refunds! Make checks or money orders payable to:

Chuck Rumbley
820 Mississippi St.
Tuscumbia, AL 35674
Chuck@hitemp.net
256-810-9070

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

**2017 Hi-Temp AAU National Weightlifting
Marriott Shoals Conference Center- Florence Alabama
May 8, 2017**

Name: _____ Phone: _____ A.A.U. # _____
Address _____ City _____ State _____ Zip _____
Weight Class _____ Age: _____ D.O.B. _____ Sex _____
E-Mail address _____

Place Weight Class in the division you will be lifting

Open: _____ Teen _____ Youth _____
Junior _____ Sub Master: _____ Master: _____ Law/Fire: _____
Military _____ Lifetime Masters _____

AAU Weightlifting Waiver and Consent

In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21